

EDITOR'S CORNER

I have heard more times than I can count that faith and fear can't co-exist. I believe I have a great deal of faith but I also sometimes get fearful. I have learned through experience it is what I choose to do with that fear that is of importance. If I choose to walk through these fears when they crop up, the more my faith strengthens. It is when I allow fear to paralyze me and prevent me from right action, that I am prevented from using Faith. It is also when I allow unwarranted fear to rule my actions that I am showing a lack of faith. I believe there is such a thing as healthy fear, like fear of picking up a drink, or falling into a rattlesnake pit (ok, extreme, but you get my point). An unhealthy fear is when I allow something that "could" happen drive insane actions on my part. I like the acronym "Future Events Appearing Real." For years, while active in my alcoholism, I allowed fear (future events appearing

real) to rule my life. Every action was a reaction to fear of some kind, and my response generally led me to more problems. I was not able to face my fear head on much less walk through it in a rational manner. Honestly, I don't even know if I could have verbalized what I was so fearful of! But I know I absolutely had no faith in anything but the bottle and my own abilities to deal with the fear. I just couldn't see that either of those were the problem and were cutting me off from any connection to a source greater than myself!

Thank you God for the program of Alcoholics Anonymous! Once able to admit powerlessness over alcohol, coming to believe that there was a Power greater than myself, and believing that said Power could restore me to sanity, I had a choice to make. Was I willing to turn my will and my life over to the care of a Power that I could not see and move on with the rest of the program, or was I going to remain

Continued on page 5

A.A. HISTORY

Bill Wilson's Last Talk and Anonymity

It was 1970 in Miami Beach, Fl. where the International Convention was held. Bill W., weakened by his health and emphysema appeared briefly to share a short 3 minutes to the attendees. Unable to speak on convention floor though he did on Sunday last day of convention.

In December he gave this message to us from an Arabic salutation he liked "I salute you and thank you for your life."

He found this fitting, as his days, he said, were filled with gratitude for the Fellowship and his myriad of blessings bestowed by God's grace. He noted the "Concept of Anonymity" was most responsible for A.A.s growth. He said, "This spiritual action demands the greatest discipline."

*A.A. history: From the NY times article on his death, Bill had noted, "Purpose of Anonymity isn't just something to save us from alcoholic shame and stigma. It's purpose is to keep those fool egos of ours from running hog wild after money and fame at A.A.s expense."

Earlier in A.A. Bill had called the level headed Bob S. "The rock on which A.A. is founded." Dr. Robert "Bob" Smith died Nov. 16, 1950

William G. "Bill" Wilson died Jan. 24, 1971.

As Bill said, I salute you and thank you for your life.

C. Faye H. A.A. member, as old timers use to state... In good standing. Fellowship Group

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THE POST is published to improve communication between local A.A.® groups and encourage the participation of A.A. members in services and activities that promote sobriety. Opinions expressed in letters and articles are those of the authors and do not indicate endorsement by Montgomery Area Intergroup Central Office or Alcoholics Anonymous®.

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Post.Subscription@centralalaa.org



MARK YOUR CALENDAR

Intergroup Monthly Meeting

Saturday, April 4, 2020

8:00 a.m. @ Legacies Group

3412 Atlanta Hwy, Montgomery, AL 36109

District 8 Service Meeting

Saturday, April 4, 2020

9:30 a.m. @ Legacies

3412 Atlanta Hwy, Montgomery, AL 36109

Alabama/NW Florida Area Assembly

April 10-12, 2020

More Info on AREA 1 website

<http://www.AAarea1.org/>

Clarion Inn & Suites Hotel

1577 S. College Street, Auburn, AL 36830

*** SUBJECT TO CHANGE. Please check website.**

MORE EVENTS & INFO:

WWW.CENTRALALAA.ORG/UNITY/UPCOMING-EVENTS/



SERVICE ALERT

Post Positions Open - 12 month commitment:

POST Distribution - emailing the monthly POST to email recipients, printing and mailing the hard copies for those who do not receive it by email. Please contact Natalie C. or post.editor@centralalaa.org if willing and able to serve!

Please contact

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The Post

POWER OF SOBER THOUGHT

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The Concepts—Jay W.

The Traditions—Trei J.

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LITERATURE AT CENTRAL OFFICE

The initials A.A. and the name Alcoholics Anonymous are registered trademarks and should be followed by the ® mark, to comply fully with trademark law.

A.A. World Services and the Grapevine have registered a number of trademarks and logos, and the guidelines for using them are based partly on legal considerations and partly on the nature of A.A.

The following is a complete list of registered trademarks and service marks that symbolize Alcoholics Anonymous, its work and its purpose: A.A.; Alcoholics Anonymous; The Big Book; Box 4-5-9; The Grapevine; A.A. Grapevine; GV; Box 180; LaVina.

MONTGOMERY INTERGROUP DIRECTORY OF A.A.® GROUP MEETINGS*Meeting Schedule: January 13, 2020*

Montgomery Intergroup Central Office 24/7 Hotline 334-264-4122

Group/Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MONTGOMERY							
12 Steps Group of AA Heritage Baptist Church, Rm 127 1849 Perry Hill Road		C-D-ST-BG 6p					
A Vision for You Group of AA Baptist Health Training Entrance 2010 Normandie Dr.			O-D 7p				
Chapter 9 Group of AA CAP Auditorium 1153 Air Base Boulevard						O-D 1:30p	O-D 1:30p
Chisholm Group of AA 1409 Federal Drive	C-D-Sm 12p C-ST-Sm 6p	C-D-Sm 12p C-D-Sm 6p	C-D-Sm 12p C-L-Sm 6p	C-D-Sm 12p C-D-Sm 6p	C-D-Sm 12p C-D-Sm 6p	C-D-Sm 6p	O-S 6p
Fellowship Group of AA Grace Church at Bell Road 5 Bell Road (Corner of Bell Rd & Atlanta Hwy)	C-L & BG * 6p	C-D-BG * 6p		C-D-BG * 6p	C-L & BG * 6p	O-S 6p	C-D * 2p C-D Women's Mtg 6p
Happy Hour Group of AA 3466 Eastdale Circle (Next to Fortis College)	C-D 6:30a 12p & 6p	C-D 6:30a & 12p C-L 6p	C-D 6:30a C-L 12p C-D 6p	C-D 6:30a & 12p O-BG 6p	C-D 6:30a 12p & 6pm O-S 7p 1st Friday	C-D 12p	C-D 12p O-D 6pm
The Legacies Group of AA 3412 Atlanta Highway (Enter on Forest Hills Dr)	C-D 12p & 6p	C-L 12p	C-D 12p O-S 8p	C-D 12p	C-D 12p C-D-CL 8p	C-D 12p	C-D 9a
Living Sober Group of AA Mental Health Building 1116 South Hull Street	C-D 6p		C-L 6p				
Sole Purpose Group of AA 22 North California Street	C-D 8p			C-L 8p	C-D 8p		C-D 8p
Strange Camels Group of AA Immanuel Presbyterian Church 8790 Vaughn Road	C-L 7p	C-D 7p		C-D 7p			
Tradition Three Group of AA 386 St. Luke's Drive Bradford Health Services building	O-D 11a	O-D 11a	O-D 11a	O-D 11a	O-D 11a		
We Stopped in Time Group of AA Unitarian Universalist Fellowship Church (rear entrance, downstairs) 2810 Atlanta Highway		O-D 8p YP				O-D 8p YP	
CLANTON							
Clanton Group of AA Trinity Episcopal Church 503 2 nd Ave. S, Clanton, AL 35045	O-D 7p			O-L 12p		O-D 7p	
GREENVILLE							
Camellia City Group of AA Greenville Housing Authority 601 Beeland St, 36037 334-437-2015 or 334-662-7129	C-D 7p			C-D * 7p			
HOPE HULL							
County Hope Group of AA Hope Hull United Methodist Church 305 Wasden Road (Silver trailer behind church)		O-D 6p		O-BB 6p			

Continued on reverse side.<https://www.centralalaa.org/meetings>

A.A. and Alcoholics Anonymous are registered trademarks of A.A. World Services, Inc.

MONTGOMERY INTERGROUP DIRECTORY OF A.A. GROUP MEETINGS							
Group/Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MAPLESVILLE							
Maplesville Group of AA Highway 139, PO Box 231, 36750					O-D 8p O-S 3 rd Fri.		C-D 8p
MILLBROOK							
Primary Purpose Group of AA Church of the Nazarene, Fellowship Hall 3251 Browns Road		O-D 6p		O-D 6p		O-D 6p	
PRATTVILLE							
Autauga S.O.S. Group of AA St. Mark's Episcopal Church 178 East 4th Street	O-L 12p	C-D 12p		C-D 12p	C-D 12p	C-D Women's Mtg 10a	
Prattville Downtown Group of AA 326 West 5th Street	O-S 6:30p	O-BG 6:30p	O-D 12p C-D 6:30p	C-D 6:30a C-L 6:30p	O-ST-S 6:30p	C-D 12p O-D-CI 6:30p	O-D 12p C-ST 6:30p
SELMA							
5th Tradition Group of AA West End Baptist Church 504 Cahaba Rd 36701					C-D 6:00p		
Selma Group of AA Courthouse, Alabama Ave & Lauderdale St	O-D 12:30p	O-D 6p	O-D 12:30p	O-D 6p	O-D 12:30p		O-D 6p
Selma Men's Group of AA St Paul's Episcopal Church 210 Lauderdale Street	C 6p		C 6p				
TALLASSEE							
Ray of Hope Group of AA 2872 Kent Road, Kent	O-L 7p		C-D 7p		O-D 7p		C-D 3p
12&12 Group of AA E. Tallassee United Methodist Church 101 Central Blvd, East Tallassee		O-ST * 7p					
UNION SPRINGS							
Bullock County Hospital Detox Unit 102 Conecuh Ave Union Springs, AL	O-D 7p		O-D 7p				
WETUMPKA							
Free World Group of AA Elmore Co. Extension Office, metal bldg Highway 14, Queen Ann Road							C-D 7:30p
Wetumpka Group of AA 103 West Tuskeena St.	C-D * 7p						O-D 6p

Legend

O = Open Meeting (for anyone interested in the AA program)

C = Closed Meeting (attendance limited to those with a desire to stop drinking)

D = Discussion

Sp = Speaker

L = Literature Study (BB, 12/12, or Other)

St = Step Study

Cl = Candlelight

W = Women's Meeting

LGBT = Lesbian, Gay, Bi, Transgendered

BG = Beginners

Sm = Smoking

YP = Young People & Young at Heart

* = Al-Anon Meets Simultaneously

** = Alateen Meets Simultaneously

Montgomery Intergroup provides this schedule of A.A. group meetings in this service area to member groups, individual A.A. members, and appropriate interested parties. A listing in this schedule does not imply approval or endorsement of any group's approach to or practice of the traditional A.A. program.

Montgomery Intergroup 334-264-4122 • montgomery.intergroup@yahoo.com • www.centralalaa.org
828 Forest Avenue, Suite A • Montgomery, AL 36106 • Open Mondays 10 – 2pm

www.centralalaa.org Intergroup@centralalaa.org

<https://www.centralalaa.org/meetings>

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stagnant and continue to live off self-will run riot? I thank God for the gift of desperation, and the ability to see that I absolutely did not know what was best for my life but that God did. Finally, I was ready and willing to try something different. This was a huge leap of faith. I was willing to relinquish control and turn my life over to something I couldn't see or touch, and trust that Who I was turning it over to had my best interest in mind. That's faith! Faith links us with our Higher Power and allows us to have hope in what we cannot see.

It doesn't take turning on the TV, scrolling through social media, or even driving to work or the store to know that things around us right now are unsettling and even a little scary. We are all learning to exist with a new "normal". How I choose to react is a representation of my faith and my acceptance. I can choose to react like I did while drinking or I can use the tools given to me through the program and trust in my Higher Power to get me through. A healthy fear is that, yes, there is something scary and deadly among us, and yes, we need to take

every precaution we can right now. Everyone should be adult enough to make the choices that are best for them and their families. However, we also have the deadly disease of alcoholism. Unfortunately, alcoholism does not practice self or social distancing, nor does it take a break because we have a pandemic. We trusted a Higher Power to get us sober, so let's choose to do the same with this. We can react in Fear or we can react with Faith. We can be grateful we live in an age where we have the ability to use technology to keep us connected and still be there for the newcomer as well as those who are having a tough time during this period. (I'm a hugger so I am struggling for real!) We are all in this together. Reach out, call someone, and be there when someone reaches out for help! Let's keep trudging together and choose Faith over Fear! Our normal may have changed but our purpose remains the same.

In love and service,
Natalie C. - Strange Camels

**HOME
GROWN**

Meetings During COVID-19 Crisis - Staying sober under all conditions

As more and more of our communities cope with the coronavirus pandemic, so too are our A.A. groups and members facing difficult questions that must be asked and answered. In the greater River Region (District 8, Area 1) our members stand fast in their dedication to carrying the message of hope and recovery from alcoholism to the next suffering alcoholic. We have had to make some changes: some of our landlords are not letting us hold our meetings; some groups have searched their conscience and have closed their doors temporarily, moving to a digital platform as the group or together with other groups; some groups continue to meet at their normal time, but are mindful of social distancing both in the meeting itself and in prayer. All of us want to be available.

Groups Temporarily Closed:

- Legacies Group
- Tradition Three Group
- Strange Camels Group
- County Hope Group
- Happy Hour Group

Online Meetings:

- March 28, 2020 12:00 pm Legacies Group [C : D]
- March 29, 2020 9:00 am Legacies Group [C : D]
- March 30, 2020 12:00 pm Legacies Group [C : D]
- April 3, 2020 8:00 pm Legacies Group [C : D : Cl]

Open Meetings are open to anybody interested in our program of recovery from alcoholism. Usually only sober members of A.A. are invited to actively participate, however, each group is autonomous.

Your District 8 web committee will try to keep our information up to date. Groups which have notified us they are closed for whatever reason have been removed from the meeting guide temporarily. They are also listed below. Please know that as soon as you alert us, we will put you back in all places. If your group makes this decision, please notify us (email webchair@centralalaa.org) and we will likewise update our schedule and post. If any information on the schedule, the meeting guide app, or this website is incorrect, please let us know that, too.

If you are looking for an A.A. meeting and cannot find one, please call the A.A. Hotline, 334-264-4122, and our volunteers will do everything we can to put you in contact with the fellowship you need – online or in person.

Closed Meetings are for members of A.A. only, or those with a drinking problem and a desire to stop drinking.

If you are attending a meeting for any reason other than to stop drinking, you might want to attend an open meeting.

The Montgomery Area Intergroup provides this schedule of A.A. group meetings as a service to member groups, individual A.A. members and other interested parties. A listing in this schedule does not imply approval or endorsement of any group's particular approach to or practice of the A.A. program.

STEP THREE**"MADE A DECISION TO TURN OUR WILL AND OUR LIVES OVER TO THE CARE OF GOD AS WE UNDERSTOOD HIM."**

Having made the decision to not be in charge and a willingness to see where that took me, my first sponsor and I began to take affirmative action that would begin my relationship with the third step. I did not understand in the beginning what would happen when I sat across from another woman in the program and read out of the big book. On the surface, step three looked like it was simply a matter of believing in a higher power (in my case, Alcoholics Anonymous as a whole) however, when confronted with the words of the big book it became apparent that more than faith would be required.

The 12 and 12 talks about the key of willingness and opening the door a crack (Twelve Steps and Twelve Traditions, page 35). This was such a profound way to describe the experience I eventually had. I was clueless how to actually give my life over, being so used to fueling it on self-will, but I could momentarily give up control and ask for guidance or help. These small actions led to that door opening more with time and occasionally slamming shut when I would become self-obsessed and determined to run on self-will.

That is my favorite part of when the big book begins to give me things to physically do. I have always been a person who likes to know the instructions, even when not planning on following them. If I realized when I first walked in that the first physical action the steps suggest I take (beyond the general go to meetings and get a sponsor that the collective experience suggests) would be to get on my

knees and pray with another woman I might have run the other direction. Luckily, our book first takes us on a journey of understanding what my malady is and that I am powerless to control it without existential help. I am exceedingly grateful for the woman that took me all the way through the book, reading every word and helping me recognize those things.

I hit my knees and I prayed with my sponsor, the woman I had met with exactly three times before we reached the third step prayer. There was no stopping and taking a moment to "work" the third step, because I had already made the decision to move forward at the end of step two. She was not going to let me sit still if I was going to work with her through the steps and I still believe she knew that if we stopped and I was allowed to "breathe" that the willingness would be drained away and that door would slam shut before a miracle.

I did not experience a white light where an angel came down from the heavens and declared a heavenly presence to prove the existence of a higher power. I wanted to have that experience, so full of questions and fear still, but something else did happen. This woman taught me to pray and to be okay with where I was at as long as I was seeking God's will with the actions suggested in our literature. She had a habit of saying that while the book does state spiritual progress not perfection, that progress does mean action is still being taken.

Today, because of a little bit of that willingness, my door has opened completely and I am able to feel the discomfort when it starts to swing back in and rarely do I find it all the way shut.

Emily J. - Strange Camels

**HOME
GROWN**

TRADITION THREE**THE ONLY REQUIREMENT FOR A.A. MEMBERSHIP IS A DESIRE TO STOP DRINKING.**

In the previous months we discussed Traditions One and Two. We see how A.A.'s unity must be maintained or we will die as a fellowship and as individuals. We are shown how our Group's conscience must be an expression of a loving God if we are to remain unified. So how can we know if our conscience is God's? We believe the remaining Traditions are just that. The collective experience of early members on finding God's will for a group. So, Tradition Three is our collective experience on who can be a member of Alcoholics Anonymous and who can call themselves an A.A. group.

The Long Form of Tradition Three states:

Our membership ought to include all who suffer from alcoholism. Hence, we may refuse none who wish to recover. Nor A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation.

So, who can be a member of A.A.? Our Twelve and Twelve states it very clearly, "for every serious drinker, 'You are A.A. member if you say you say so'". No matter where you come from, where you been, your emotional issues, your other issues, or "even your crimes", we welcome you

with open arms. Everyone who wishes to recover from alcoholism deserves the same chance we were given.

It was not always that way. It took almost a decade to reach what we believe is God's will. There was the humorous idea of only the "pure alcoholics" were allowed to join. It is understandable if we look at the early days of A.A. Fear of losing our sobriety as individuals was real. No one had been sober for as long as we were getting. No one knew how long it might last, so out of fear we tried to hang on to it. But this fear almost ensured A.A. failure. We finally saw everyone needed the chance to recover from alcoholism. We could not condemn anyone to an alcoholic death with membership rules. A.A. should be for anyone who wished to stop drinking.

One experience I can share with practicing this Tradition was before I came to this district. One of my old home groups had a member who had been sober for a few years and some other members were not pleased with their dating habits. There was a special meeting held to address their "activities" and there was talk of "kicking them out" of the group. A few members, while agreeing the actions of the member were less than desirable, saw that we could not ask an alcoholic to leave; we should not decide which alcoholic could and could not come to our group. Even if we ask them to stop, nothing we could do or say would stop them unless they wanted to stop. Eventually they drank again and left A.A. and unfortunately, I do not

Continued on page 7

Tradition Three, Continued from page 6

know what became of them. To me, allowing A.A. to be "self-cleansing" is our best path.

Bill did address who ought not to become a member of an A.A. group in a 1958 letter in the Grapevine. By the very nature of A.A., a problem with alcohol is implied. In the early years of A.A., there was talk of admitting non-alcoholic friends and family into the fellowship. Bill expresses his regret when early Groups found out it was impossible for these non-alcoholics to identify with new A.A. members. Our unity depends on a solution to our common problem so we had to deny them membership. No non-alcoholic can be "converted" into an alcoholic A.A. member. The article is reprinted in the pamphlet "Problems other Than Alcohol" and is included in the book (p.222 in my copy), "The Language of the Heart".

This Tradition does contain one vital qualification as it relates to our name. As stated, any two or three alcoholics gathered together for sobriety may call themselves an A.A. Group...provided they have no other affiliation. We should

not lend the A.A. name to other activities however worthy, even indirectly. We ought not have "dry" groups, "Republican" groups or any "insert adjective" group. We offer our experience to all who want it but not our name. If we try to be something besides A.A., we could become divided destroying any unity we may have as a group.

Tradition Three ensures we do not deny anyone the means to gain freedom from drinking. Any alcoholic is a member of A.A. when they say they are. Though this idea seems to be in opposition to unity, it actually is one of our greatest adhesives. We ought not to argue membership in A.A. Tradition Three lays out in simple terms who can be members of A.A. and who can call themselves an A.A. group.



Trei J., Strange Camels Group

<http://www.centralalaa.org/unity/the-twelve-traditions/>

CONCEPT TWO

As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, commuters and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional "Right of Decision."

For any organization to be successful authority not only must be properly delegated, but the people within the organization must also have the ability to think and act for themselves when given new information. No one likes it when a boss gives their employees no freedom and micromanages every duty they're given. The employees themselves either "rebel and resign" or "submit and rot." The individual groups have the authority in A.A., they pick a General Service Representative to go to Area Assembly, (A gathering of other G.S.R.s from across the state(s) brought together to vote their group's conscience in what ever comes up in the Assembly's Business meeting for the good of all of A.A.). The G.S.R. is a basically a conduit relaying information back and forth and thus keeping their group properly informed thus linking his or her group with A.A. as a whole. They represent the actual voice of the group conscience.

However the G.S.R. is not simply a mouth piece for their group. In fact, they have the absolute responsibility to do what's best for A.A. as a whole with the information that they're given. That could even include voting against their group conscience in order to do what's best for A.A. as a whole. Bill states in the service manual, "This "Right of

Decision" should never be made an excuse for failure to render proper reports of all significant actions taken; it ought never be used as a reason for constantly exceeding a clearly defined authority, nor as an excuse for persistently failing to consult those who are entitled to be consulted before an important decision or action is taken. Our entire A.A. program rests squarely upon the principle of mutual trust. We trust God, we trust A.A., and we trust each other. Therefore we cannot do less than trust our leaders in service." This applies as well to the delegates to the General Service Conference as well as any service position anyone has been trusted with within A.A.. The people we elect to serve us are our trusted servants, not "just a messenger." They keep in mind what's best for A.A. as a whole and vote their conscience. This is putting the "trust" in "trusted servant."

Ultimately, we must all act on our own conscience, it is our responsibility.

"The "Right of Decision" that we offer them is not only the practical means by which they may act and lead effectively, but it is also the symbol of our implicit confidence."

Jay W., Legacies Group

<https://www.centralalaa.org/service/twelve-concepts>



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December Birthdays

Tradition 3 Group

Sharon S.	02/24/1993	27 yrs
Total		27 yrs

Strange Camels

Debra G.	02/18/2005	15 yrs
Tomy G.	02/18/2005	15 yrs
Total		30 yrs

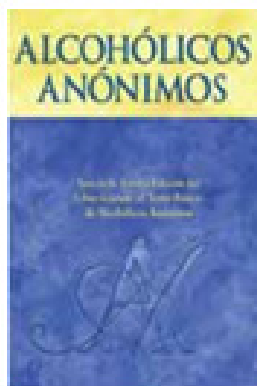
JANUARY		57 yrs
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CELEBRATING AN AA BIRTHDAY?

AT YOUR NEXT BUSINESS MEETING ASK
YOUR G.S.R. OR GROUP SECRETARY TO
SEND IN MEMBER BIRTHDAYS TO
POST.EDITOR@CENTRALALAA.ORG

**Have a burning
desire to share
your experience,
strength and
hope? Send
your article to
post.editor@
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¿QUÉ ES A.A.?



Alcohólicos Anónimos es una comunidad internacional de hombres y mujeres que ha tenido un problema con la bebida. Es no profesional, autómantenido, multiracial, no política y disponible en casi todo el mundo. No hay requisitos referentes a edad ni nivel de educación. Puede hacerse miembro cualquier persona que desee hacer algo para solucionar su problema con la bebida.

Desde su publicación en 1939, este texto básico ha ayudado a millones de hombres a recuperarse del alcoholismo.

Actualmente disponible en la Tercera Edición aprobada por la Conferencia de Servicios Generales, el Libro Grande contiene las historias de los cofundadores, y de muchos miembros de diversa procedencia que han encontrado la recuperación en la Comunidad mundial.

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Nuestra oficina Central, localizada en Montgomery, AL, tiene recursos en Español como literatura y folletos.

Abierto los Lunes de
10:00 - 2:00pm.

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Intergroup@centralalaa.org

<https://www.aa.org>

>> para mas informacion y recursos en Espanol

Si usted o alguien que usted conoce tiene una experiencia o historia para compartir acerca de la recuperación en las reuniones de Alcohólicos Anónimos por favor póngase en contacto conmigo Oni S., a través de
Post.Editor@centralalaa.org.



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